*Supplementary Table1. Items from the SMF questionnaire*

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| 1. Do you have difficulty walking in the house?2. Is there anyone who helps you walk in the house?3. Do you have any difficulty walking outside?4. Does anyone helps you walk outdoors?5. Do you often use a walker as a help for walking? (either inside or outside the house)6. Do you often use a stick as a help for walking? (either inside or outside the house)7. This last month did you ever use a wheelchair in order to move either within the house or outside?\*8. Do you feel that your feet freeze suddenly when you pass the doorways?9. Do you drag tour feet or make small steps when walking?10. Is your balance poor?11. How many meters can you walk without rest?\*\*12. Do you lie down or get up from your bed and sit down or get up from a chair without help?\*\*\* |

\*No positive answers to this item

Answers to the items are in a no/yes format except for:

\*\* more than 1000m/less than 1000m, \*\*\* moves without any help/ moves with any kind of help