**Appendix 2-Table A2: Cost description according to strategies for each 6 months visits**

Appendix2.1: Cost (€2018) description according to the cost component and strategies at visit no. 1 (n=1,320)

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **PFA**† **+ MI\*** | **PFA**† | **MI\*** | **Control** |  |
| Frequency | Cost | Frequency | Cost | Frequency | Cost | Frequency | Cost | p§ |
| Mean[95% CI‡] | Mean[95% CI‡] | Mean[95% CI‡] | Mean[95% CI‡] | Mean[95% CI‡] | Mean[95% CI‡] | Mean[95% CI‡] | Mean[95% CI‡] |  |
| **Inpatient stays** | 0.14 [0.09; 0.18] | 509 [328; 796] | 0.23 [0.16; 0.45] | 724 [471; 1407] | 0.14 [0.1; 0.2] | 402 [272; 586] | 0.17 [0.13; 0.22] | 578 [415; 831] | 0.42 |
| MSO|| <1 day | 0.05 [0.02; 0.07] | 48 [24; 79] | 0.12 [0.06; 0.3] | 81 [48; 126] | 0.05 [0.03; 0.08] | 52 [31; 82] | 0.06 [0.04; 0.09] | 66 [41; 103] | 0.51 |
| MSO||  ≥1 day | 0.08 [0.06; 0.12] | 385 [243; 577] | 0.09 [0.06; 0.14] | 396 [264; 590] | 0.09 [0.06; 0.14] | 350 [235; 537] | 0.1 [0.07; 0.13] | 445 [311; 652] | 0.79 |
| Post-acute & rehabilitation care unit | 0.01 [0; 0.02] | 77 [0; 226] | 0.01 [0; 0.02] | 116 [0; 507] | 0 [0; 0] | 0 [0; 0] | 0.01 [0; 0.02] | 67 [0; 204] | 0.57 |
| Psychiatric unit care | 0 [0; 0] | 0 [0; 0] | 0 [0; 0.01] | 132 [0; 396] | 0 [0; 0] | 0 [0; 0] | 0 [0; 0] | 0 [0; 0] | 0.39 |
| **Emergency** | 0.01 [0; 0.02] | 1 [0; 3] | 0.02 [0; 0.03] | 3 [1; 6] | 0.01 [0; 0.02] | 1 [0; 3] | 0 [0; 0.01] | 1 [0; 2] | 0.29 |
| **Consultation** | 4.25 [3.96; 4.67] | 75 [70; 82] | 4.92 [4.52; 5.43] | 88 [81; 99] | 4.37 [3.98; 4.88] | 78 [70; 88] | 4.44 [4.07; 4.85] | 79 [73; 87] | 0.033 |
| General practitioner | 2.52 [2.31; 2.75] | 42 [38; 46] | 2.82 [2.6; 3.08] | 47 [43; 51] | 2.46 [2.26; 2.68] | 41 [37; 44] | 2.55 [2.36; 2.8] | 42 [39; 46] | 0.10 |
| Specialist | 1.73 [1.52; 1.97] | 34 [29; 39] | 2.1 [1.81; 2.54] | 42 [36; 52] | 1.92 [1.6; 2.3] | 37 [31; 45] | 1.89 [1.63; 2.2] | 37 [32; 43] | 0.34 |
| Cardiologist | 0.27 [0.21; 0.38] | 9 [6; 12] | 0.34 [0.27; 0.43] | 11 [9; 14] | 0.25 [0.2; 0.31] | 8 [6; 10] | 0.3 [0.23; 0.38] | 10 [8; 12] | 0.38 |
| Psychiatrist & Neurologist | 0.08 [0.04; 0.15] | 2 [1; 4] | 0.17 [0.07; 0.49] | 4 [2; 13] | 0.14 [0.06; 0.31] | 4 [2; 9] | 0.12 [0.04; 0.32] | 3 [1; 10] | 0.96 |
| Rheumatologist | 0.26 [0.19; 0.35] | 4 [3; 6] | 0.41 [0.31; 0.53] | 7 [5; 9] | 0.36 [0.27; 0.48] | 6 [4; 8] | 0.23 [0.16; 0.3] | 4 [3; 5] | 0.08 |
| Ophthalmologist | 0.31 [0.23; 0.41] | 5 [4; 7] | 0.26 [0.2; 0.36] | 4 [3; 6] | 0.29 [0.21; 0.39] | 5 [4; 6] | 0.38 [0.28; 0.49] | 6 [5; 8] | 0.39 |
| Other specialists | 0.81 [0.67; 0.98] | 13 [11; 16] | 0.92 [0.74; 1.28] | 15 [12; 21] | 0.87 [0.69; 1.18] | 14 [11; 20] | 0.87 [0.73; 1.09] | 14 [12; 18] | 0.71 |
| **Paramedical procedures** | 3.54 [2.63; 4.81] | 75 [53; 112] | 6.51 [3.8; 16.71] | 137 [67; 533] | 4.11 [3.08; 5.94] | 82 [57; 145] | 4.54 [3.58; 5.91] | 72 [55; 94] | 0.34 |
| Nurse | 0.31 [0.19; 0.56] | 11 [5; 27] | 1.66 [0.46; 7.19] | 69 [7; 307] | 0.46 [0.2; 1.4] | 20 [4; 103] | 0.7 [0.41; 1.19] | 9 [5; 20] | 0.71 |
| Physiotherapist | 2.92 [2.05; 4.08] | 63 [43; 94] | 3.19 [2.26; 4.61] | 64 [46; 101] | 3.2 [2.34; 4.25] | 61 [45; 89] | 3.13 [2.4; 4.13] | 61 [45; 80] | 0.52 |
| Other | 0.31 [0.18; 0.53] | 1 [0; 1] | 1.66 [0.44; 6.38] | 4 [1; 16] | 0.46 [0.18; 1.23] | 1 [1; 3] | 0.7 [0.37; 1.19] | 2 [1; 3] | 0.69 |
| **Medical procedures** | 3.91 [3.3; 4.65] | 34 [28; 41] | 4.3 [3.73; 4.95] | 39 [34; 46] | 3.55 [3.04; 4.14] | 31 [27; 37] | 3.84 [3.32; 4.56] | 35 [31; 41] | 0.21 |
| Laboratory tests | 3.37 [2.88; 4] | 14 [11; 17] | 3.63 [3.08; 4.25] | 16 [13; 20] | 3.02 [2.53; 3.53] | 13 [11; 15] | 3.22 [2.7; 3.8] | 13 [11; 15] | 0.28 |
| Imaging | 0.45 [0.36; 0.58] | 17 [14; 25] | 0.52 [0.42; 0.63] | 19 [15; 25] | 0.42 [0.35; 0.51] | 16 [13; 19] | 0.49 [0.41; 0.58] | 19 [15; 23] | 0.29 |
| Other | 0.09 [0.06; 0.14] | 2 [1; 4] | 0.14 [0.1; 0.2] | 4 [3; 6] | 0.11 [0.07; 0.15] | 3 [2; 5] | 0.14 [0.09; 0.19] | 4 [2; 6] | 0.39 |
| **Transportation** | 0.1 [0.03; 0.43] | 1 [0; 4] | 0.01 [0; 0.02] | 0 [0; 0] | 0.05 [0.01; 0.17] | 2 [0; 8] | 0.09 [0.02; 0.22] | 3 [1; 6] | 0.42 |
| **Medications** | 5.21 [4.85; 5.66] | 317 [282; 385] | 5.02 [4.67; 5.41] | 353 [303; 446] | 4.69 [4.31; 5.12] | 419 [316; 752] | 4.92 [4.58; 5.28] | 332 [291; 410] | 0.68 |
| Cardiovascular system  | 1.7 [1.51; 1.91] | 91 [81; 104] | 1.58 [1.42; 1.74] | 90 [80; 104] | 1.35 [1.19; 1.5] | 77 [67; 88] | 1.39 [1.23; 1.55] | 76 [67; 87] | 0.07 |
| GI\*\* tract and metabolism | 0.99 [0.86; 1.12] | 51 [43; 62] | 0.94 [0.82; 1.09] | 51 [43; 60] | 0.8 [0.69; 0.93] | 44 [36; 54] | 0.9 [0.79; 1.02] | 51 [42; 63] | 0.42 |
| Nervous system | 1.71 [1.53; 1.9] | 127 [98; 194] | 1.69 [1.51; 1.89] | 157 [114; 246] | 1.5 [1.32; 1.7] | 232 [134; 559] | 1.79 [1.63; 1.97] | 155 [122; 221] | 0.044 |
| Anti-depressants  | 0.82 [0.69; 0.94] | 48 [39; 59] | 0.81 [0.69; 0.94] | 55 [44; 67] | 1.05 [0.91; 1.2] | 65 [53; 80] | 0.84 [0.73; 0.97] | 50 [42; 60] | 0.16 |
| Anxiolytics  | 0.19 [0.14; 0.25] | 10 [7; 13] | 0.16 [0.11; 0.21] | 8 [6; 11] | 0.25 [0.2; 0.32] | 14 [10; 22] | 0.17 [0.13; 0.22] | 10 [7; 14] | 0.17 |
| Hypnotics and sedatives  | 0.15 [0.1; 0.19] | 3 [3; 5] | 0.13 [0.09; 0.17] | 3 [2; 4] | 0.17 [0.12; 0.22] | 4 [3; 5] | 0.13 [0.09; 0.17] | 3 [2; 5] | 0.67 |
| Other nervous systemdrugs | 0.39 [0.32; 0.47] | 2 [2; 3] | 0.44 [0.36; 0.52] | 2 [2; 4] | 0.5 [0.4; 0.6] | 4 [3; 5] | 0.43 [0.35; 0.51] | 3 [2; 5] | 0.06 |
| Other drugs | 0.08 [0.06; 0.12] | 32 [26; 43] | 0.08 [0.05; 0.11] | 41 [33; 53] | 0.13 [0.09; 0.16] | 44 [34; 57] | 0.11 [0.08; 0.15] | 33 [26; 42] | 0.96 |
| **Intervention** | - | 311.5 | - | 91.5 | - | 220 | - | 0 | - |
| **Total without intervention** | - | 1,013 [828; 1310] | - | 1,345 [1,031; 1,909] | - | 1,015 [824; 1454] | - | 1,100 [928; 1,354] | 0.32 |
| **Total** | - | 1,324 [1,141; 1635] | - | 1,436 [1,096; 2,004] | - | 1,235 [1,037; 1,586] | - | 1,100 [918; 1,382] | <0.001 |

\* Multidomain Intervention; †Polyunsaturated Fatty Acids; ‡Confidence Interval; §p-value of Kruskal-Wallis rank sum test; || Medical Surgery Obstetrics; \*\*GastroIntestinal

Appendix 2.2: Cost (€2018) description according to the cost component and strategies at visit no. 2 (n=1,320)

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **PFA**† **+ MI\*** | **PFA**† | **MI\*** | **Control** |  |
| Frequency | Cost | Frequency | Cost | Frequency | Cost | Frequency | Cost | p§ |
| Mean[95% CI‡] | Mean[95% CI‡] | Mean[95% CI‡] | Mean[95% CI‡] | Mean[95% CI‡] | Mean[95% CI‡] | Mean[95% CI‡] | Mean[95% CI‡] |  |
| **Inpatient stays** | 0.15 [0.1; 0.19] | 461 [322; 662] | 0.21 [0.15; 0.32] | 630 [434; 989] | 0.16 [0.11; 0.22] | 729 [454; 1227] | 0.16 [0.12; 0.22] |  [364; 863] | 0.79 |
| MSO|| <1 day | 0.05 [0.02; 0.07] | 47 [25; 83] | 0.11 [0.07; 0.25] | 113 [70; 192] | 0.06 [0.03; 0.09] | 60 [35; 94] | 0.06 [0.04; 0.1] | 61 [36; 103] | 0.30 |
| MSO|| ≥1 day | 0.09 [0.06; 0.13] | 376 [246; 561] | 0.09 [0.05; 0.12] | 389 [253; 587] | 0.09 [0.06; 0.13] | 394 [246; 606] | 0.09 [0.06; 0.13] | 399 [247; 569] | 0.89 |
| Post-acute & rehabilitation care unit | 0 [0; 0.01] | 30 [0; 89] | 0.01 [0; 0.03] | 128 [0; 428] | 0 [0; 0.01] | 50 [0; 151] | 0.01 [0; 0.02] | 98 [0; 296] | 0.88 |
| Psychiatric unit care | 0 [0; 0.01] | 9 [0; 28] | 0 [0; 0] | 0 [0; 0] | 0.01 [0; 0.02] | 224 [44; 664] | 0 [0; 0] | 0 [0; 0] | 0.11 |
| **Emergency** | 0.02 [0; 0.03] | 3 [1; 6] | 0.01 [0; 0.02] | 1 [0; 3] | 0.01 [0; 0.02] | 2 [1; 5] | 0 [0; 0.01] | 1 [0; 2] | 0.34 |
| **Consultation** | 4.29 [3.96; 4.65] | 76 [71; 83] | 4.66 [4.29; 5.07] | 83 [76; 91] | 4.34 [3.98; 4.77] | 76 [69; 84] | 4.69 [4.31; 5.19] | 83 [75; 93] | 0.33 |
| General practitioner | 2.58 [2.38; 2.83] | 43 [39; 46] | 2.77 [2.53; 3.05] | 46 [42; 50] | 2.57 [2.37; 2.83] | 42 [39; 47] | 2.49 [2.3; 2.7] | 41 [38; 45] | 0.45 |
| Specialist | 1.71 [1.49; 1.93] | 34 [30; 39] | 1.89 [1.65; 2.21] | 37 [33; 45] | 1.77 [1.53; 2.06] | 33 [29; 39] | 2.21 [1.87; 2.59] | 42 [36; 51] | 0.22 |
| Cardiologist | 0.32 [0.26; 0.4] | 10 [8; 13] | 0.33 [0.26; 0.4] | 11 [9; 13] | 0.21 [0.16; 0.3] | 7 [5; 10] | 0.29 [0.23; 0.37] | 9 [7; 12] | 0.010 |
| Psychiatrist & Neurologist | 0.05 [0.02; 0.09] | 1 [1; 2] | 0.08 [0.03; 0.22] | 2 [1; 7] | 0.09 [0.03; 0.18] | 2 [1; 5] | 0.14 [0.05; 0.51] | 4 [1; 13] | 0.87 |
| Rheumatologist | 0.3 [0.22; 0.39] | 5 [4; 7] | 0.39 [0.29; 0.52] | 6 [5; 9] | 0.4 [0.28; 0.57] | 7 [5; 10] | 0.27 [0.2; 0.37] | 5 [3; 6] | 0.53 |
| Ophthalmologist | 0.29 [0.23; 0.37] | 5 [4; 6] | 0.32 [0.24; 0.41] | 5 [4; 7] | 0.29 [0.22; 0.42] | 5 [4; 7] | 0.38 [0.29; 0.49] | 6 [5; 8] | 0.75 |
| Other specialists | 0.75 [0.61; 0.93] | 12 [10; 16] | 0.79 [0.66; 0.96] | 13 [11; 16] | 0.78 [0.64; 0.94] | 13 [10; 16] | 1.13 [0.92; 1.58] | 19 [15; 24] | 0.40 |
| **Paramedical procedures** | 4.49 [2.99; 8.37] | 115 [63; 276] | 6.94 [3.44; 23] | 178 [72; 676] | 3.71 [2.7; 6.03] | 60 [43; 88] | 2.95 [2.36; 3.87] | 54 [42; 73] | 0.25 |
| Nurse | 1.12 [0.5; 3.12] | 64 [15; 285] | 2.02 [0.41; 8.26] | 107 [8; 570] | 0.54 [0.2; 1.82] | 5 [2; 11] | 0.15 [0.08; 0.28] | 3 [1; 8] | 0.55 |
| Physiotherapist | 2.25 [1.56; 3.08] | 48 [34; 73] | 2.89 [2.08; 4.16] | 65 [46; 95] | 2.63 [1.84; 3.72] | 53 [38; 80] | 2.66 [2.01; 3.48] | 51 [39; 73] | 0.21 |
| Other | 1.12 [0.5; 3.1] | 3 [1; 9] | 2.02 [0.4; 8.5] | 5 [1; 31] | 0.54 [0.21; 1.71] | 1 [1; 4] | 0.15 [0.08; 0.28] | 0 [0; 1] | 0.56 |
| **Medical procedures** | 4.28 [3.6; 5.42] | 38 [32; 48] | 4.17 [3.54; 5.1] | 36 [31; 43] | 3.18 [2.72; 3.75] | 27 [23; 33] | 3.47 [2.94; 4.09] | 34 [29; 40] | 0.23 |
| Laboratory tests | 3.7 [3.05; 4.79] | 17 [13; 26] | 3.58 [2.97; 4.4] | 16 [13; 20] | 2.7 [2.26; 3.26] | 10 [9; 13] | 2.87 [2.37; 3.52] | 13 [11; 17] | 0.22 |
| Imaging | 0.43 [0.35; 0.52] | 17 [13; 22] | 0.45 [0.36; 0.55] | 16 [13; 19] | 0.36 [0.29; 0.44] | 13 [10; 17] | 0.43 [0.36; 0.53] | 15 [12; 20] | 0.50 |
| Other | 0.15 [0.11; 0.22] | 4 [3; 6] | 0.14 [0.1; 0.19] | 5 [3; 7] | 0.12 [0.08; 0.17] | 4 [3; 6] | 0.17 [0.12; 0.23] | 5 [4; 7] | 0.71 |
| **Transportation** | 0.2 [0.03; 0.82] | 2 [1; 7] | 0.02 [0; 0.06] | 1 [0; 2] | 0.01 [0; 0.03] | 0 [0; 2] | 0.04 [0.02; 0.09] | 1 [1; 3] | 0.161 |
| **Medications** | 5.41 [5; 5.84] | 336 [295; 405] | 5.08 [4.71; 5.43] | 412 [324; 603] | 4.77 [4.36; 5.2] | 355 [299; 448] | 5.14 [4.76; 5.49] | 347 [303; 428] | 0.49 |
| Cardiovascular system  | 1.76 [1.55; 1.97] | 96 [84; 111] | 1.58 [1.42; 1.75] | 88 [78; 102] | 1.35 [1.2; 1.53] | 75 [65; 86] | 1.42 [1.25; 1.59] | 79 [69; 90] | 0.046 |
| GI\*\* tract and metabolism | 1.06 [0.93; 1.22] | 55 [46; 66] | 0.97 [0.84; 1.11] | 50 [42; 59] | 0.85 [0.74; 0.99] | 44 [36; 54] | 0.92 [0.8; 1.06] | 53 [44; 66] | 0.37 |
| Nervous system | 1.72 [1.56; 1.89] | 130 [102; 196] | 1.72 [1.53; 1.92] | 221 [132; 390] | 1.53 [1.36; 1.73] | 167 [118; 268] | 1.86 [1.7; 2.03] | 160 [124; 231] | 0.019 |
| Anti-depressants  | 0.87 [0.74; 1] | 55 [44; 69] | 0.8 [0.69; 0.93] | 53 [43; 65] | 1.03 [0.9; 1.18] | 69 [57; 85] | 0.95 [0.8; 1.1] | 55 [45; 66] | 0.12 |
| Anxiolytics  | 0.2 [0.15; 0.25] | 12 [9; 18] | 0.17 [0.12; 0.22] | 9 [7; 12] | 0.26 [0.2; 0.33] | 15 [11; 20] | 0.2 [0.15; 0.25] | 10 [8; 14] | 0.17 |
| Hypnotics and sedatives  | 0.16 [0.12; 0.22] | 5 [3; 8] | 0.12 [0.08; 0.16] | 3 [2; 4] | 0.16 [0.12; 0.22] | 4 [3; 5] | 0.14 [0.1; 0.18] | 3 [2; 5] | 0.65 |
| Other nervous systemdrugs | 0.42 [0.35; 0.51] | 3 [2; 4] | 0.45 [0.37; 0.54] | 2 [1; 3] | 0.49 [0.4; 0.6] | 4 [3; 5] | 0.5 [0.41; 0.59] | 4 [3; 5] | 0.08 |
| Other drugs | 0.09 [0.06; 0.12] | 36 [28; 46] | 0.07 [0.04; 0.1] | 39 [30; 51] | 0.12 [0.08; 0.15] | 47 [37; 60] | 0.12 [0.08; 0.16] | 37 [30; 47] | 0.91 |
| **Intervention** | - | 311.5 | - | 91.5 | - | 220 | - | 0 | - |
| **Total without intervention** | - | 1032 [860; 1,260] | - | 1341 [1,041; 1,829] | - | 1,250 [962; 1,737] | - | 1,080 [878; 1,379] | 0.19 |
| **Total** | - | 1343 [1,175; 1,560] | - | 1432 [1,133; 2,006] | - | 1470 [1,199; 2,017] | - | 1080 [880; 1,378] | <0.001 |

\* Multidomain Intervention; †Polyunsaturated Fatty Acids; ‡Confidence Interval; §p-value of Kruskal-Wallis rank sum test; || Medical Surgery Obstetrics; \*\*GastroIntestinal

Appendix 2.3: Cost (€2018) description according to the cost component and strategies at visit no. 3 (n=1,320)

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **PFA**† **+ MI\*** | **PFA**† | **MI\*** | **Control** |  |
| Frequency | Cost | Frequency | Cost | Frequency | Cost | Frequency | Cost | p§ |
| Mean[95% CI‡] | Mean[95% CI‡] | Mean[95% CI‡] | Mean[95% CI‡] | Mean[95% CI‡] | Mean[95% CI‡] | Mean[95% CI‡] | Mean[95% CI‡] |  |
| **Inpatient stays** | 0.15 [0.11; 0.21] | 587 [374; 950] | 0.16 [0.11; 0.21] | 542 [356; 837] | 0.17 [0.12; 0.22] | 568 [409; 812] | 0.13 [0.09; 0.18] | 510 [322; 921] | 0.41 |
| MSO||| <1 day | 0.05 [0.02; 0.08] | 48 [24; 85] | 0.06 [0.03; 0.08] | 57 [33; 99] | 0.05 [0.02; 0.07] | 44 [25; 70] | 0.05 [0.02; 0.07] | 48 [24; 85] | 0.90 |
| MSO|| ≥1 day | 0.1 [0.06; 0.15] | 425 [287; 649] | 0.09 [0.06; 0.13] | 366 [250; 550] | 0.12 [0.08; 0.18] | 525 [356; 749] | 0.07 [0.04; 0.1] | 315 [199; 482] | 0.52 |
| Post-acute & rehabilitation care unit | 0.01 [0; 0.02] | 113 [0; 419] | 0.01 [0; 0.02] | 51 [0; 214] | 0 [0; 0] | 0 [0; 0] | 0.01 [0; 0.03] | 79 [0; 360] | 0.57 |
| Psychiatric unit care | 0 [0; 0] | 0 [0; 0] | 0 [0; 0.01] | 68 [0; 205] | 0 [0; 0] | 0 [0; 0] | 0 [0; 0.01] | 67 [0; 201] | 0.57 |
| **Emergency** | 0.02 [0; 0.04] | 3 [1; 7] | 0.01 [0; 0.02] | 2 [0; 4] | 0 [0; 0.01] | 1 [0; 2] | 0.02 [0; 0.03] | 3 [1; 7] | 0.57 |
| **Consultation** | 4.14 [3.8; 4.56] | 74 [68; 82] | 4.74 [4.37; 5.15] | 84 [77; 91] | 4.22 [3.84; 4.61] | 76 [69; 83] | 4.35 [3.95; 4.8] | 76 [69; 84] | 0.048 |
| General practitioner | 2.45 [2.22; 2.71] | 40 [37; 45] | 2.77 [2.56; 3.03] | 46 [42; 50] | 2.26 [2.09; 2.44] | 37 [34; 40] | 2.36 [2.18; 2.6] | 39 [36; 42] | 0.002 |
| Specialist | 1.69 [1.46; 1.95] | 34 [29; 39] | 1.98 [1.71; 2.3] | 38 [33; 44] | 1.96 [1.71; 2.32] | 38 [33; 45] | 1.98 [1.7; 2.38] | 37 [33; 44] | 0.85 |
| Cardiologist | 0.34 [0.28; 0.42] | 11 [9; 13] | 0.3 [0.23; 0.37] | 10 [7; 12] | 0.3 [0.23; 0.38] | 10 [8; 13] | 0.22 [0.16; 0.29] | 7 [5; 9] | 0.027 |
| Psychiatrist & Neurologist | 0.06 [0.03; 0.1] | 2 [1; 3] | 0.06 [0.02; 0.17] | 2 [1; 4] | 0.13 [0.08; 0.22] | 4 [2; 6] | 0.1 [0.05; 0.2] | 3 [1; 6] | 0.20 |
| Rheumatologist | 0.3 [0.22; 0.42] | 5 [4; 7] | 0.29 [0.21; 0.38] | 5 [3; 6] | 0.35 [0.25; 0.61] | 6 [4; 10] | 0.28 [0.2; 0.37] | 5 [3; 6] | 0.10 |
| Ophthalmologist | 0.31 [0.23; 0.42] | 5 [4; 7] | 0.37 [0.29; 0.5] | 6 [5; 8] | 0.37 [0.28; 0.51] | 6 [5; 8] | 0.33 [0.25; 0.43] | 5 [4; 7] | 0.71 |
| Other specialists | 0.68 [0.55; 0.86] | 11 [9; 14] | 0.95 [0.77; 1.25] | 16 [13; 19] | 0.8 [0.66; 0.97] | 13 [11; 16] | 1.06 [0.86; 1.43] | 17 [14; 23] | 0.32 |
| **Paramedical procedures** | 4.07 [2.61; 9.12] | 58 [42; 90] | 3.46 [2.52; 5.02] | 57 [41; 84] | 3.38 [2.34; 4.69] | 47 [34; 70] | 2.92 [2.15; 3.97] | 55 [39; 78] | 0.51 |
| Nurse | 0.89 [0.27; 3.25] | 14 [6; 45] | 0.43 [0.17; 1.17] | 11 [3; 34] | 0.77 [0.37; 1.38] | 9 [4; 21] | 0.3 [0.14; 0.69] | 9 [3; 35] | 0.35 |
| Physiotherapist | 2.28 [1.62; 3.18] | 42 [29; 60] | 2.61 [1.86; 3.49] | 45 [32; 63] | 1.84 [1.2; 2.72] | 36 [24; 59] | 2.31 [1.69; 3.33] | 45 [31; 67] | 0.12 |
| Other | 0.89 [0.25; 3.18] | 2 [1; 9] | 0.43 [0.17; 1.32] | 1 [0; 3] | 0.77 [0.41; 1.47] | 2 [1; 4] | 0.3 [0.14; 0.68] | 1 [0; 2] | 0.34 |
| **Medical procedures** | 4.31 [3.53; 5.04] | 36 [31; 43] | 3.79 [3.3; 4.43] | 35 [29; 42] | 4.24 [3.56; 4.98] | 39 [31; 59] | 3.26 [2.8; 3.83] | 38 [32; 48] | 0.87 |
| Laboratory tests | 3.7 [3.09; 4.48] | 15 [13; 18] | 3.26 [2.71; 3.82] | 16 [13; 20] | 3.64 [3.06; 4.34] | 14 [12; 17] | 2.66 [2.22; 3.12] | 17 [14; 22] | 0.99 |
| Imaging | 0.47 [0.38; 0.57] | 17 [14; 21] | 0.41 [0.32; 0.51] | 15 [11; 20] | 0.46 [0.34; 0.74] | 20 [14; 43] | 0.46 [0.36; 0.57] | 16 [12; 21] | 0.80 |
| Other | 0.14 [0.09; 0.22] | 4 [2; 7] | 0.13 [0.09; 0.19] | 4 [3; 7] | 0.14 [0.1; 0.19] | 5 [3; 7] | 0.14 [0.09; 0.22] | 5 [3; 8] | 0.81 |
| **Transportation** | 0.02 [0; 0.07] | 0 [0; 1] | 0.04 [0; 0.16] | 2 [0; 6] | 0.04 [0.01; 0.08] | 2 [0; 6] | 0.05 [0.02; 0.09] | 1 [1; 3] | 0.43 |
| **Medications** | 5.53 [5.11; 5.98] | 334 [295; 393] | 5.2 [4.85; 5.62] | 355 [307; 431] | 5.05 [4.67; 5.44] | 418 [340; 575] | 5.14 [4.77; 5.55] | 342 [299; 404] | 0.83 |
| Cardiovascular system  | 1.71 [1.52; 1.91] | 94 [82; 107] | 1.58 [1.41; 1.74] | 96 [84; 110] | 1.42 [1.27; 1.57] | 79 [68; 91] | 1.38 [1.24; 1.55] | 77 [67; 89] | 0.043 |
| GI\*\* tract and metabolism | 1.07 [0.93; 1.22] | 52 [44; 62] | 1 [0.88; 1.14] | 55 [47; 66] | 0.91 [0.79; 1.04] | 50 [41; 60] | 0.97 [0.84; 1.11] | 55 [45; 68] | 0.69 |
| Nervous system | 1.83 [1.64; 2.03] | 135 [105; 196] | 1.77 [1.58; 2.01] | 145 [111; 226] | 1.65 [1.48; 1.85] | 220 [146; 376] | 1.85 [1.68; 2.05] | 154 [124; 217] | 0.37 |
| Anti-depressants  | 0.93 [0.79; 1.1] | 52 [44; 62] | 0.86 [0.74; 0.99] | 58 [49; 74] | 1.07 [0.94; 1.22] | 68 [57; 84] | 0.94 [0.81; 1.1] | 55 [46; 68] | 0.16 |
| Anxiolytics  | 0.19 [0.15; 0.25] | 10 [7; 13] | 0.17 [0.13; 0.23] | 10 [7; 13] | 0.27 [0.21; 0.33] | 14 [10; 18] | 0.22 [0.17; 0.29] | 11 [8; 14] | 0.14 |
| Hypnotics and sedatives  | 0.17 [0.12; 0.22] | 4 [3; 5] | 0.14 [0.1; 0.18] | 3 [3; 5] | 0.18 [0.14; 0.23] | 4 [3; 6] | 0.14 [0.1; 0.17] | 4 [3; 5] | 0.55 |
| Other nervous systemdrugs | 0.49 [0.4; 0.59] | 2 [2; 3] | 0.47 [0.39; 0.56] | 3 [2; 4] | 0.51 [042; 0,62] | 3 [2; 4] | 0,46 [0,38; 0,55] | 4 [3; 5] | 0,19 |
| Other drugs | 0,08 [0,06; 0,12] | 36 [29; 44] | 0,08 [0,05; 0,11] | 43 [33; 54] | 0,11 [0,08; 0,15] | 48 [37; 63] | 0,12 [0,08; 0,15] | 37 [29; 48] | 0,85 |
| **Intervention** | - | 211,5 | - | 91,5 | - | 120 | - | 0 | - |
| **Total without intervention** | - | 1,092 [869; 1,468] | - | 1,075 [878; 1,367] | - | 1,150 [927; 1,471] | - | 1,025 [833; 1,469] | 0.63 |
| **Total** | - | 1303 [1,087; 1,701] | - | 1167 [987; 1,462] | - | 1270 [1,046; 1,572] | - | 1,025 [831; 1,445] | <0.001 |

\* Multidomain Intervention; †Polyunsaturated Fatty Acids; ‡Confidence Interval; §p-value of Kruskal-Wallis rank sum test; || Medical Surgery Obstetrics; \*\*GastroIntestinal

Appendix 2.4: Cost (€2018) description according to the cost component and strategies at visit no. 4 (n=1,320)

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **PFA**† **+ MI\*** | **PFA**† | **MI\*** | **Control** |  |
| Frequency | Cost | Frequency | Cost | Frequency | Cost | Frequency | Cost | p§ |
| Mean[95% CI‡] | Mean[95% CI‡] | Mean[95% CI‡] | Mean[95% CI‡] | Mean[95% CI‡] | Mean[95% CI‡] | Mean[95% CI‡] | Mean[95% CI‡] |  |
| **Inpatient stays** | 0.2 [0.15; 0.26] | 750 [541; 1077] | 0.17 [0.12; 0.22] | 753 [519; 1152] | 0.18 [0.12; 0.25] | 701 [472; 1083] | 0.14 [0.1; 0.19] | 547 [357; 907] | 0.41 |
| MSO|| <1 day | 0.06 [0.03; 0.1] | 65 [36; 116] | 0.05 [0.02; 0.08] | 49 [27; 93] | 0.07 [0.04; 0.14] | 68 [38; 120] | 0.04 [0.02; 0.07] | 39 [20; 69] | 0.71 |
| MSO|| ≥1 day | 0.13 [0.09; 0.17] | 542 [377; 726] | 0.11 [0.08; 0.16] | 517 [339; 722] | 0.09 [0.06; 0.14] | 408 [266; 647] | 0.1 [0.06; 0.14] | 431 [293; 624] | 0.31 |
| Post-acute & rehabilitation care unit | 0.01 [0; 0.02] | 59 [0; 240] | 0.01 [0; 0.02] | 118 [0; 383] | 0.01 [0; 0.02] | 183 [43; 428] | 0.01 [0; 0.02] | 78 [0; 233] | 0.55 |
| Psychiatric unit care | 0.01 [0; 0.02] | 84 [0; 374] | 0 [0; 0.01] | 68 [0; 205] | 0 [0; 0.01] | 42 [0; 126] | 0 [0; 0] | 0 [0; 0] | 0.57 |
| **Emergency** | 0.01 [0; 0.02] | 2 [1; 5] | 0.02 [0.01; 0.04] | 3 [1; 8] | 0 [0; 0.01] | 1 [0; 2] | 0.01 [0; 0.02] | 1 [0; 3] | 0.33 |
| **Consultation** | 4.23 [3.89; 4.63] | 75 [69; 82] | 4.77 [4.42; 5.2] | 85 [79; 93] | 4.59 [4.15; 5.24] | 81 [74; 93] | 4.9 [4.49; 5.42] | 87 [80; 99] | 0.18 |
| General practitioner | 2.49 [2.29; 2.72] | 41 [37; 45] | 2.64 [2.42; 2.89] | 43 [39; 47] | 2.46 [2.27; 2.87] | 41 [37; 46] | 2.62 [2.4; 2.82] | 43 [40; 47] | 0.43 |
| Specialist | 1.75 [1.52; 2.02] | 34 [30; 39] | 2.13 [1.86; 2.48] | 42 [37; 48] | 2.13 [1.8; 2.68] | 41 [35; 52] | 2.28 [1.93; 2.73] | 44 [38; 53] | 0.22 |
| Cardiologist | 0.32 [0.25; 0.38] | 10 [8; 12] | 0.37 [0.29; 0.45] | 12 [9; 15] | 0.28 [0.21; 0.35] | 9 [7; 11] | 0.3 [0.23; 0.38] | 10 [7; 12] | 0.34 |
| Psychiatrist & Neurologist | 0.03 [0.01; 0.07] | 1 [0; 2] | 0.08 [0.03; 0.24] | 2 [1; 6] | 0.12 [0.07; 0.21] | 3 [2; 6] | 0.17 [0.08; 0.5] | 4 [2; 14] | 0.023 |
| Rheumatologist | 0.3 [0.21; 0.42] | 5 [4; 7] | 0.3 [0.21; 0.4] | 5 [3; 6] | 0.29 [0.21; 0.41] | 5 [3; 7] | 0.44 [0.34; 0.57] | 7 [5; 9] | 0.029 |
| Ophthalmologist | 0.35 [0.26; 0.43] | 6 [4; 7] | 0.26 [0.2; 0.35] | 4 [3; 6] | 0.37 [0.29; 0.48] | 6 [5; 8] | 0.32 [0.25; 0.41] | 5 [4; 7] | 0.39 |
| Other specialists | 0.75 [0.63; 0.93] | 12 [10; 16] | 1.13 [0.91; 1.43] | 19 [15; 23] | 1.07 [0.81; 1.77] | 18 [13; 29] | 1.06 [0.81; 1.44] | 17 [14; 23] | 0.15 |
| **Paramedical procedures** | 4.28 [2.71; 7.52] | 75 [47; 147] | 2.94 [2.08; 4.09] | 49 [36; 65] | 3.67 [2.56; 6.2] | 53 [38; 76] | 3.87 [2.91; 5.36] | 66 [49; 95] | 0.50 |
| Nurse | 0.99 [0.38; 2.3] | 24 [4; 120] | 0.24 [0.08; 0.97] | 3 [1; 7] | 0.57 [0.19; 1.77] | 6 [3; 15] | 0.56 [0.27; 1.35] | 11 [5; 36] | 0.90 |
| Physiotherapist | 2.3 [1.65; 3.26] | 48 [33; 70] | 2.47 [1.85; 3.43] | 46 [34; 62] | 2.53 [1.85; 3.61] | 46 [33; 63] | 2.76 [2.1; 3.85] | 53 [39; 77] | 0.72 |
| Other | 0.99 [0.39; 2.34] | 3 [1; 6] | 0.24 [0.07; 0.85] | 1 [0; 2] | 0.57 [0.2; 1.73] | 2 [1; 5] | 0.56 [0.26; 1.28] | 1 [1; 4] | 0.91 |
| **Medical procedures** | 4.25 [3.66; 5.47] | 33 [29; 39] | 4.63 [3.98; 5.33] | 49 [42; 61] | 3.82 [3.22; 4.66] | 29 [25; 35] | 3.92 [3.42; 4.49] | 40 [34; 47] | 0.001 |
| Laboratory tests | 3.7 [3.06; 4.65] | 15 [13; 19] | 3.92 [3.38; 4.56] | 27 [21; 37] | 3.38 [2.82; 4.18] | 14 [12; 18] | 3.3 [2.77; 3.81] | 19 [16; 23] | 0.016 |
| Imaging | 0.43 [0.34; 0.52] | 14 [11; 17] | 0.55 [0.45; 0.65] | 19 [15; 24] | 0.37 [0.29; 0.46] | 13 [10; 17] | 0.48 [0.39; 0.58] | 17 [14; 21] | 0.046 |
| Other | 0.13 [0.09; 0.19] | 4 [3; 6] | 0.16 [0.11; 0.23] | 4 [2; 5] | 0.08 [0.05; 0.11] | 2 [1; 4] | 0.13 [0.09; 0.18] | 4 [3; 6] | 0.31 |
| **Transportation** | 0.42 [0.03; 2.34] | 10 [1; 48] | 0.06 [0.01; 0.14] | 3 [1; 9] | 0.16 [0.03; 0.66] | 1 [1; 3] | 0.09 [0.01; 0.47] | 1 [0; 4] | 0.59 |
| **Medications** | 5.72 [5.28; 6.21] | 367 [322; 430] | 5.31 [4.92; 5.76] | 327 [290; 377] | 5.19 [4.83; 5.6] | 386 [333; 470] | 5.53 [5.18; 5.95] | 368 [325; 444] | 0.45 |
| Cardiovascular system  | 1.81 [1.64; 2.05] | 101 [89; 115] | 1.61 [1.46; 1.8] | 89 [79; 100] | 1.46 [1.31; 1.62] | 89 [76; 107] | 1.47 [1.32; 1.63] | 82 [71; 93] | 0.23 |
| GI\*\* tract and metabolism | 1.13 [0.99; 1.31] | 60 [50; 72] | 1.04 [0.9; 1.18] | 57 [48; 67] | 0.94 [0.83; 1.07] | 51 [43; 61] | 1.06 [0.93; 1.2] | 58 [48; 70] | 0.79 |
| Nervous system | 1.88 [1.69; 2.08] | 152 [121; 210] | 1.8 [1.57; 2.06] | 126 [100; 168] | 1.68 [1.5; 1.87] | 174 [128; 266] | 2.01 [1.83; 2.19] | 165 [133; 228] | 0.013 |
| Anti-depressants  | 0.89 [0.77; 1.07] | 54 [46; 66] | 0.87 [0.74; 1] | 55 [46; 67] | 1.11 [0.96; 1.25] | 72 [61; 89] | 0.98 [0.85; 1.15] | 63 [51; 75] | 0.10 |
| Anxiolytics  | 0.21 [0.15; 0.26] | 12 [9; 18] | 0.16 [0.11; 0.2] | 8 [6; 12] | 0.28 [0.22; 0.34] | 15 [11; 20] | 0.19 [0.14; 0.25] | 11 [8; 16] | 0.031 |
| Hypnotics and sedatives  | 0.17 [0.12; 0.22] | 4 [3; 8] | 0.13 [0.1; 0.18] | 3 [2; 4] | 0.18 [0.14; 0.23] | 4 [3; 5] | 0.14 [0.1; 0.18] | 3 [2; 5] | 0.42 |
| Other nervous systemdrugs | 0.44 [0.36; 0.53] | 3 [2; 4] | 0.49 [0.41; 0.6] | 2 [1; 3] | 0.54 [0.44; 0.64] | 3 [2; 4] | 0.53 [0.44; 0.62] | 4 [3; 5] | 0.12 |
| Other drugs | 0.08 [0.05; 0.11] | 36 [30; 44] | 0.08 [0.05; 0.11] | 41 [33; 52] | 0.11 [0.08; 0.15] | 51 [40; 66] | 0.13 [0.09; 0.17] | 45 [35; 57] | 0.87 |
| **Intervention** | - | 211.5 | - | 91.5 | - | 120 | - | 0 | - |
| **Total without intervention** | - | 1312 [1,079; 1,705] | - | 1,270 [1,029; 1,644] | - | 1,253 [990; 1637] | - | 1110 [919; 1,503] | 0.63 |
| **Total** | - | 1524 [1,281; 1,821] | - | 1361 [1,102; 1,725] | - | 1373 [1,121; 1,764] | - | 1110 [914; 1,488] | <0.001 |

\* Multidomain Intervention; †Polyunsaturated Fatty Acids; ‡Confidence Interval; §p-value of Kruskal-Wallis rank sum test; || Medical Surgery Obstetrics; \*\*GastroIntestinal

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **PFA**† **+ MI\*** | **PFA**† | **MI\*** | **Control** |  |
| Frequency | Cost | Frequency | Cost | Frequency | Cost | Frequency | Cost | p§ |
| Mean[95% CI‡] | Mean[95% CI‡] | Mean[95% CI‡] | Mean[95% CI‡] | Mean[95% CI‡] | Mean[95% CI‡] | Mean[95% CI‡] | Mean[95% CI‡] |  |
| **Inpatient stays** | 0.18 [0.14; 0.26] | 988 [628; 1640] | 0.16 [0.11; 0.22] | 855 [502; 2274] | 0.19 [0.13; 0.27] | 897 [554; 1687] | 0.14 [0.1; 0.21] | 610 [336; 1149] | 0.38 |
| MSO|| <1 day | 0.04 [0.02; 0.07] | 42 [24; 77] | 0.04 [0.02; 0.06] | 44 [22; 77] | 0.08 [0.04; 0.15] | 82 [45; 140] | 0.08 [0.05; 0.12] | 79 [47; 127] | 0.49 |
| MSO||≥1 day | 0.12 [0.08; 0.17] | 520 [377; 792] | 0.12 [0.08; 0.17] | 513 [361; 742] | 0.09 [0.06; 0.13] | 422 [280; 636] | 0.06 [0.03; 0.09] | 284 [173; 472] | 0.10 |
| Post-acute & rehabilitation care unit | 0.01 [0; 0.03] | 184 [50; 468] | 0.01 [0; 0.02] | 298 [0; 1430] | 0.02 [0.01; 0.06] | 393 [113; 1038] | 0.01 [0; 0.02] | 246 [64; 653] | 0.70 |
| Psychiatric unit care | 0.01 [0; 0.02] | 241 [42; 712] | 0 [0; 0] | 0 [0; 0] | 0 [0; 0] | 0 [0; 0] | 0 [0; 0] | 0 [0; 0] | 0.029 |
| **Emergency** | 0.01 [0; 0.03] | 2 [0; 6] | 0.01 [0; 0.02] | 2 [0; 4] | 0 [0; 0.01] | 1 [0; 2] | 0.01 [0; 0.02] | 2 [1; 5] | 0.63 |
| **Consultation** | 4.34 [3.93; 4.87] | 77 [70; 87] | 4.73 [4.32; 5.37] | 83 [76; 94] | 4.17 [3.8; 4.62] | 73 [67; 81] | 4.59 [4.22; 5.1] | 82 [74; 91] | 0.047 |
| General practitioner | 2.51 [2.31; 2.78] | 41 [38; 45] | 2.67 [2.47; 2.91] | 44 [41; 48] | 2.44 [2.21; 2.66] | 40 [37; 44] | 2.45 [2.26; 2.67] | 40 [37; 44] | 0.16 |
| Specialist | 1.82 [1.53; 2.34] | 36 [30; 44] | 2.06 [1.75; 2.68] | 39 [34; 49] | 1.73 [1.49; 2.08] | 33 [28; 39] | 2.14 [1.83; 2.57] | 41 [35; 50] | 0.16 |
| Cardiologist | 0.28 [0.21; 0.36] | 9 [7; 12] | 0.3 [0.23; 0.38] | 10 [8; 12] | 0.24 [0.18; 0.33] | 8 [6; 11] | 0.26 [0.19; 0.35] | 8 [6; 11] | 0.17 |
| Psychiatrist & Neurologist | 0.1 [0.05; 0.23] | 3 [1; 6] | 0.05 [0.02; 0.11] | 1 [1; 3] | 0.08 [0.04; 0.15] | 2 [1; 4] | 0.2 [0.1; 0.49] | 5 [3; 12] | 0.06 |
| Rheumatologist | 0.28 [0.2; 0.41] | 5 [3; 6] | 0.29 [0.22; 0.4] | 5 [4; 6] | 0.26 [0.18; 0.37] | 4 [3; 6] | 0.32 [0.25; 0.42] | 5 [4; 7] | 0.34 |
| Ophthalmologist | 0.27 [0.2; 0.35] | 4 [3; 6] | 0.32 [0.25; 0.42] | 5 [4; 7] | 0.41 [0.31; 0.56] | 7 [5; 9] | 0.37 [0.27; 0.47] | 6 [5; 8] | 0.57 |
| Other specialists | 0.89 [0.67; 1.37] | 15 [10; 22] | 1.1 [0.85; 1.66] | 18 [14; 28] | 0.75 [0.58; 1.15] | 12 [10; 18] | 0.99 [0.76; 1.34] | 16 [13; 23] | 0.027 |
| **Paramedical procedures** | 3.1 [2.04; 4.72] | 59 [41; 97] | 8.76 [3.15; 22.43] | 102 [58; 276] | 3.06 [2.11; 4.76] | 52 [36; 75] | 3.11 [2.26; 4.66] | 56 [40; 80] | 0.36 |
| Nurse | 0.27 [0.08; 0.87] | 9 [1; 39] | 3.23 [0.46; 9.97] | 45 [10; 177] | 0.3 [0.11; 0.97] | 5 [2; 11] | 0.32 [0.11; 0.94] | 6 [2; 22] | 0.27 |
| Physiotherapist | 2.55 [1.8; 3.77] | 49 [35; 67] | 2.3 [1.72; 2.99] | 48 [35; 64] | 2.46 [1.66; 3.49] | 47 [32; 66] | 2.47 [1.82; 3.36] | 50 [36; 67] | 0.61 |
| Other | 0.27 [0.08; 1.11] | 1 [0; 3] | 3.23 [0.47; 12.83] | 9 [1; 25] | 0.3 [0.11; 0.87] | 1 [0; 2] | 0.32 [0.11; 0.99] | 1 [0; 2] | 0.17 |
| **Medical procedures** | 3.77 [3.26; 4.34] | 32 [28; 38] | 3.84 [3.34; 4.43] | 40 [35; 47] | 3.82 [3.26; 4.5] | 32 [26; 40] | 3.48 [3.03; 4.05] | 40 [34; 47] | 0.07 |
| Laboratory tests | 3.27 [2.78; 3.91] | 16 [13; 20] | 3.25 [2.81; 3.81] | 19 [16; 22] | 3.42 [2.91; 4.1] | 17 [14; 30] | 2.89 [2.43; 3.34] | 20 [16; 25] | 0.45 |
| Imaging | 0.38 [0.3; 0.46] | 13 [10; 16] | 0.46 [0.37; 0.57] | 17 [14; 21] | 0.35 [0.27; 0.45] | 12 [9; 16] | 0.47 [0.37; 0.58] | 16 [13; 21] | 0.16 |
| Other | 0.12 [0.09; 0.18] | 4 [3; 6] | 0.13 [0.09; 0.19] | 4 [2; 6] | 0.05 [0.03; 0.08] | 2 [1; 3] | 0.13 [0.09; 0.18] | 4 [2; 6] | 0.011 |
| **Transportation** | 0.25 [0.06; 0.67] | 7 [2; 20] | 0.04 [0.01; 0.11] | 3 [0; 10] | 0.11 [0.05; 0.3] | 3 [1; 7] | 0.05 [0.02; 0.15] | 2 [1; 7] | 0.66 |
| **Medications** | 6 [5.57; 6.47] | 424 [371; 520] | 5.39 [5.01; 5.84] | 342 [307; 385] | 5.1 [4.73; 5.49] | 414 [347; 561] | 5.5 [5.05; 5.89] | 365 [325; 432] | 0.29 |
| Cardiovascular system  | 1.91 [1.7; 2.13] | 108 [94; 124] | 1.58 [1.43; 1.77] | 92 [81; 104] | 1.46 [1.31; 1.63] | 83 [72; 97] | 1.4 [1.26; 1.55] | 75 [66; 87] | 0.005 |
| GI\*\* tract and metabolism | 1.15 [1.01; 1.31] | 62 [51; 76] | 1.06 [0.95; 1.2] | 62 [51; 73] | 0.94 [0.82; 1.07] | 49 [42; 59] | 1.04 [0.92; 1.18] | 57 [46; 67] | 0.46 |
| Nervous system | 1.95 [1.75; 2.16] | 187 [142; 272] | 1.85 [1.67; 2.09] | 129 [107; 166] | 1.64 [1.45; 1.83] | 212 [151; 350] | 2.05 [1.84; 2.28] | 175 [139; 230] | 0.019 |
| Anti-depressants  | 1 [0.88; 1.17] | 67 [54; 87] | 0.9 [0.76; 1.03] | 59 [49; 71] | 1.06 [0.92; 1.21] | 70 [58; 86] | 1.01 [0.88; 1.16] | 58 [49; 71] | 0.56 |
| Anxiolytics  | 0.22 [0.17; 0.29] | 12 [9; 16] | 0.18 [0.13; 0.23] | 10 [7; 14] | 0.25 [0.19; 0.31] | 13 [10; 17] | 0.2 [0.14; 0.25] | 10 [7; 14] | 0.26 |
| Hypnotics and sedatives  | 0.16 [0.12; 0.22] | 4 [3; 6] | 0.14 [0.1; 0.18] | 3 [3; 5] | 0.16 [0.12; 0.21] | 4 [3; 5] | 0.15 [0.11; 0.19] | 4 [3; 5] | 0.91 |
| Other nervous systemdrugs | 0.52 [0.43; 0.62] | 3 [2; 4] | 0.5 [0.41; 0.59] | 2 [2; 3] | 0.55 [0.45; 0.66] | 3 [2; 4] | 0.56 [0.47; 0.67] | 3 [2; 4] | 0.77 |
| Other drugs | 0.1 [0.06; 0.12] | 48 [38; 65] | 0.08 [0.05; 0.11] | 43 [35; 53] | 0.1 [0.06; 0.14] | 50 [40; 65] | 0.11 [0.08; 0.15] | 41 [33; 54] | 0.95 |
| **Intervention** | - | 211.5 | - | 91.5 | - | 120 | - | 0 | - |
| **Total without intervention** | - | 1,589 [1,209; 2,345] | - | 1,426 [1,063; 2,612] | - | 1,472 [1,082; 2,173] | - | 1,157 [869; 1,704] | 0.38 |
| **Total** | - | 1,800 [1,391; 2,529] | - | 1,517 [1,158; 2,703] | - | 1592 [1,217; 2,376] | - | 1,157 [891; 1,681] | <0.001 |

Appendix 2.5: Cost (€2018) description according to the cost component and strategies at visit no. 5 (n=1,320)

\* Multidomain Intervention; †Polyunsaturated Fatty Acids; ‡Confidence Interval; §p-value of Kruskal-Wallis rank sum test; || Medical Surgery Obstetrics; \*\*GastroIntestinal

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | **PFA**† **+ MI\*** | **PFA**† | **MI\*** | **Control** |  |  |
| Frequency | Cost | Frequency | Cost | Frequency | Cost | Frequency | Cost |  | p§ |
| Mean[95% CI‡] | Mean[95% CI‡] | Mean[95% CI‡] | Mean[95% CI‡] | Mean[95% CI‡] | Mean[95% CI‡] | Mean[95% CI‡] | Mean[95% CI‡] |  |  |
| **Inpatient stays** | 0.21 [0.15; 0.27] | 1064 [688; 1676] | 0.16 [0.11; 0.21] | 881 [541; 2104] | 0.16 [0.12; 0.22] | 1030 [612; 1873] | 0.21 [0.15; 0.29] | 1025 [738; 1457] |  | 0.23 |
| MSO|| <1 day | 0.05 [0.03; 0.09] | 48 [26; 84] | 0.04 [0.02; 0.06] | 34 [17; 64] | 0.05 [0.03; 0.08] | 51 [28; 89] | 0.05 [0.02; 0.12] | 43 [20; 93] |  | 0.82 |
| MSO|| ≥1 day | 0.15 [0.11; 0.2] | 663 [478; 973] | 0.11 [0.07; 0.15] | 475 [329; 669] | 0.09 [0.06; 0.13] | 374 [249; 550] | 0.14 [0.1; 0.19] | 694 [481; 966] |  | 0.14 |
| Post-acute & rehabilitation care unit | 0.01 [0; 0.02] | 230 [24; 731] | 0.01 [0; 0.02] | 139 [32; 392] | 0.02 [0; 0.03] | 240 [75; 548] | 0.02 [0.01; 0.03] | 205 [78; 455] |  | 0.68 |
| Psychiatric unit care | 0 [0; 0.01] | 124 [0; 371] | 0 [0; 0.01] | 233 [0; 700] | 0.01 [0; 0.03] | 364 [0; 1051] | 0 [0; 0.01] | 83 [0; 250] |  | 0.89 |
| **Emergency** | 0.01 [0; 0.02] | 2 [0; 4] | 0 [0; 0.01] | 1 [0; 2] | 0.01 [0; 0.03] | 2 [0; 6] | 0.01 [0; 0.02] | 2 [0; 3] |  | 0.75 |
| **Consultation** | 4.29 [3.95; 4.78] | 76 [70; 84] | 5.21 [4.81; 5.74] | 92 [85; 102] | 4.88 [4.43; 5.86] | 87 [78; 103] | 4.98 [4.5; 5.56] | 88 [80; 99] |  | 0.06 |
| General practitioner | 2.48 [2.29; 2.71] | 41 [38; 45] | 2.82 [2.6; 3.11] | 47 [43; 51] | 2.66 [2.42; 3.08] | 44 [40; 52] | 2.57 [2.36; 2.81] | 42 [39; 46] |  | 0.11 |
| Specialist | 1.81 [1.57; 2.16] | 35 [31; 43] | 2.39 [2.05; 2.85] | 46 [40; 53] | 2.22 [1.85; 3.22] | 43 [36; 57] | 2.4 [2.04; 2.98] | 45 [38; 56] |  | 0.15 |
| Cardiologist | 0.28 [0.22; 0.34] | 9 [7; 11] | 0.35 [0.28; 0.44] | 11 [9; 14] | 0.32 [0.25; 0.44] | 10 [8; 14] | 0.23 [0.17; 0.3] | 7 [6; 10] |  | 0.09 |
| Psychiatrist & Neurologist | 0.1 [0.05; 0.17] | 3 [2; 4] | 0.09 [0.05; 0.21] | 2 [1; 6] | 0.11 [0.06; 0.2] | 3 [1; 5] | 0.21 [0.07; 0.56] | 5 [2; 15] |  | 0.96 |
| Rheumatologist | 0.34 [0.25; 0.54] | 6 [4; 9] | 0.32 [0.25; 0.46] | 5 [4; 8] | 0.34 [0.24; 0.47] | 6 [4; 8] | 0.44 [0.31; 0.82] | 7 [5; 14] |  | 0.68 |
| Ophthalmologist | 0.35 [0.27; 0.43] | 6 [5; 7] | 0.32 [0.25; 0.42] | 5 [4; 7] | 0.34 [0.25; 0.45] | 6 [4; 8] | 0.39 [0.3; 0.52] | 6 [5; 9] |  | 0.15 |
| Other specialists | 0.74 [0.6; 0.94] | 12 [10; 16] | 1.3 [1.06; 1.74] | 21 [17; 29] | 1.12 [0.81; 2.17] | 19 [13; 33] | 1.13 [0.9; 1.48] | 19 [15; 24] |  | 0.001 |
| **Paramedical procedures** | 2.64 [1.95; 3.63] | 43 [29; 71] | 6.11 [3.33; 16.97] | 74 [51; 113] | 3.21 [2.35; 4.6] | 62 [44; 95] | 4.42 [3.34; 6.69] | 90 [60; 201] |  | 0.06 |
| Nurse | 0.27 [0.15; 0.45] | 4 [2; 8] | 1.62 [0.24; 6.55] | 8 [3; 27] | 0.31 [0.14; 0.63] | 12 [2; 50] | 0.56 [0.24; 1.44] | 27 [6; 123] |  | 0.73 |
| Physiotherapist | 2.11 [1.44; 3.3] | 38 [25; 65] | 2.88 [2.09; 3.81] | 62 [44; 89] | 2.59 [1.85; 3.67] | 50 [33; 69] | 3.31 [2.45; 4.4] | 61 [46; 81] |  | 0.024 |
| Other | 0.27 [0.15; 0.47] | 1 [0; 1] | 1.62 [0.28; 8.7] | 4 [1; 18] | 0.31 [0.15; 0.66] | 1 [0; 2] | 0.56 [0.23; 1.62] | 1 [1; 4] |  | 0.78 |
| **Medical procedures** | 3.88 [3.34; 4.59] | 32 [26; 42] | 4.05 [3.43; 5.39] | 45 [38; 53] | 4.22 [3.6; 5.07] | 37 [32; 45] | 4.09 [3.46; 4.79] | 41 [34; 51] |  | 0.06 |
| Laboratory tests | 3.42 [2.9; 4.11] | 16 [13; 22] | 3.42 [2.85; 4.73] | 22 [19; 27] | 3.69 [3.08; 4.49] | 18 [15; 24] | 3.38 [2.8; 4.11] | 20 [16; 27] |  | 0.047 |
| Imaging | 0.37 [0.28; 0.48] | 13 [10; 17] | 0.48 [0.39; 0.6] | 18 [15; 24] | 0.44 [0.35; 0.56] | 15 [12; 19] | 0.54 [0.43; 0.68] | 17 [13; 22] |  | 0.28 |
| Other | 0.09 [0.06; 0.14] | 3 [2; 6] | 0.14 [0.1; 0.2] | 5 [3; 7] | 0.1 [0.06; 0.14] | 3 [2; 5] | 0.17 [0.11; 0.24] | 4 [3; 6] |  | 0.18 |
| **Transportation** | 0.14 [0.02; 0.72] | 11 [1; 50] | 0.06 [0.02; 0.16] | 1 [0; 3] | 0.32 [0.09; 1.13] | 32 [2; 149] | 0.17 [0.04; 0.51] | 5 [1; 21] |  | 0.20 |
| **Medications** | 5.89 [5.45; 6.38] | 436 [389; 504] | 5.68 [5.28; 6.06] | 399 [356; 465] | 5.24 [4.85; 5.6] | 455 [383; 562] | 5.55 [5.14; 5.99] | 383 [341; 453] |  | 0.45 |
| Cardiovascular system  | 1.8 [1.6; 2.02] | 111 [96; 127] | 1.61 [1.47; 1.78] | 99 [86; 112] | 1.48 [1.33; 1.66] | 103 [88; 142] | 1.39 [1.24; 1.55] | 80 [69; 93] |  | 0.015 |
| GI\*\* tract and metabolism | 1.15 [1; 1.33] | 73 [60; 95] | 1.14 [1.01; 1.28] | 69 [58; 82] | 0.97 [0.85; 1.1] | 60 [49; 74] | 1.09 [0.95; 1.23] | 59 [50; 71] |  | 0.45 |
| Nervous system | 1.97 [1.76; 2.19] | 187 [148; 247] | 1.91 [1.72; 2.14] | 155 [123; 208] | 1.69 [1.52; 1.89] | 210 [156; 314] | 2.08 [1.89; 2.3] | 181 [148; 240] |  | 0.14 |
| Anti-depressants  | 0.98 [0.86; 1.12] | 65 [55; 80] | 1.02 [0.87; 1.14] | 76 [63; 98] | 1.09 [0.95; 1.25] | 82 [67; 100] | 1 [0.86; 1.14] | 63 [53; 77] |  | 0.31 |
| Anxiolytics  | 0.2 [0.16; 0.26] | 11 [8; 14] | 0.2 [0.15; 0.26] | 11 [8; 15] | 0.26 [0.21; 0.32] | 16 [12; 20] | 0.19 [0.14; 0.25] | 11 [8; 15] |  | 0.08 |
| Hypnotics and sedatives  | 0.17 [0.13; 0.22] | 4 [3; 5] | 0.14 [0.11; 0.19] | 4 [3; 5] | 0.18 [0.13; 0.23] | 4 [3; 6] | 0.14 [0.11; 0.18] | 4 [3; 5] |  | 0.72 |
| Other nervous systemdrugs | 0.51 [0.43; 0.6] | 3 [2; 4] | 0.57 [0.48; 0.66] | 3 [2; 4] | 0.55 [0.46; 0.66] | 3 [2; 5] | 0.55 [0.47; 0.66] | 4 [3; 5] |  | 0.81 |
| Other drugs | 0.09 [0.06; 0.12] | 47 [39; 62] | 0.09 [0.06; 0.13] | 59 [46; 81] | 0.1 [0.07; 0.14] | 58 [46; 76] | 0.12 [0.08; 0.16] | 45 [36; 57] |  | 0.71 |
| **Intervention** | - | 211.5 | - | 91.5 | - | 120 | - | 0 |  | - |
| **Total without intervention** | - | 1,664 [1,284; 2,345] | - | 1,494 [1,133; 2,532] | - | 1,704 [1,252; 2,557] | - | 1,634 [1,303; 2,081] |  | 0.86 |
| **Total** | - | 1,876 [1,480; 2,518] | - | 1,585 [1,218; 2,421] | - | 1,824 [1,403; 2,779] | - | 1634 [1,328; 2,139] |  | <0.001 |

Appendix 2.6: Cost (€2018) description according to the cost component and strategies at visit no. 6 (n=1,320)

\*Multidomain Intervention; †Polyunsaturated Fatty Acids; ‡Confidence Interval; §p-value of Kruskal-Wallis rank sum test; || Medical Surgery Obstetrics; \*\*GastroIntestinal